

# User guide

Care Smart

verizon<sup>v</sup>

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## **What You'll Find in the Box**

Make sure the following components are included in the Care Smart Watch box:

- Care Smart Watch
- Charging Cord
- Charging Adapter
- Replacement Wristband
- Quick Reference Guide
- Product Safety & Warranty Brochure
- Important Consumer Safety Information

NOTE: If any component is missing, please contact the store where you bought it.

# Care Smart Overview

## Front



## Back



**NOTE:** Devices, software and apps are constantly evolving. The images, icons and features mentioned in this document are for reference only.

## Charging Your Care Smart Watch

Before you start, charge your watch completely.

1. Line up the gold pins on the charging cord with the gold contacts on the back of the watch. The watch and charging cord are magnetized and should connect without effort.



NOTE: The image is for illustration purpose only and appearance of the actual wrist strap pattern may vary.

2. Plug the other end of the cord into the charging adapter and plug the adapter into an electrical outlet.

The charging status will be displayed on the screen.



**WARNING:** Use only approved chargers with your device. Incompatible chargers or tampering with the charging contacts could damage your device and void the warranty.





# Turning Your Care Smart Watch On and Off

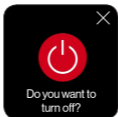
## Turning your watch on

- Press and hold the **Power**  button until the screen lights up.



## Turning your watch off

- Press and hold the **Power**  button until you see "Do you want to turn off?" on the screen. Then tap  to turn off your watch.



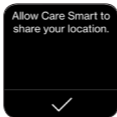
## Pairing Your Care Smart Watch to the Care Smart App

Make sure you're in an area with a strong wireless signal.

1. Your Care Smart watch should start activating automatically the first time you turn it on.



2. On the permission request screen, tap ✓ to allow the Care Smart app to share your location.



3. When the watch instructs you to download the Care Smart app, download and install the app on the smartphone from the Google Play Store™ (Android OS 4.0 or higher) or the Apple® App Store® (iOS7 or higher). (Data usage may apply for app download and use.)

- Once you download the app, tap ✓ on the bottom of the watch screen to continue.

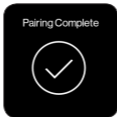


- When your watch has been activated successfully, it will announce and show the mobile number.



- Follow the instructions in the app and on your watch to pair your watch by scanning the QR code with your phone's camera or by entering the mobile number into the app.

NOTE: Be sure to tap ✓ on the watch screen under **Pairing Complete**.



# Setting Up Your Care Smart Account

The Care Smart app lets you set up, call, message, find and control the Care Smart watch.

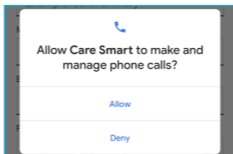
To add an account:

1. From your Care Smart app, tap **Create account**.



NOTE: If you already have a Care Smart account, just tap **Sign in**.

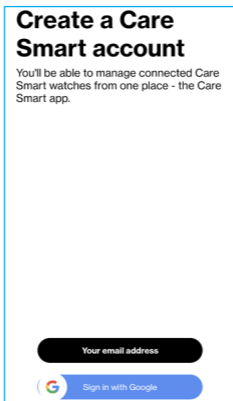
2. On the permission request screen, tap **Allow** to allow the Care Smart app to make and manage phone calls on your watch.



3. Enter your personal information in each field. Then tap **Create account**.

A screenshot of a registration form titled "Enter your personal information". The form contains several input fields: "Name:" with a placeholder "Example: John or Mary"; "Mobile phone number:" with the value "908.405.1014"; "Email:" with the placeholder "Enter your email address"; "Password:" with the placeholder "Enter your password" and a toggle icon; and "Confirm password:" with the placeholder "Enter your password again" and a toggle icon. At the bottom of the form is a black button with the text "Create account" in white.

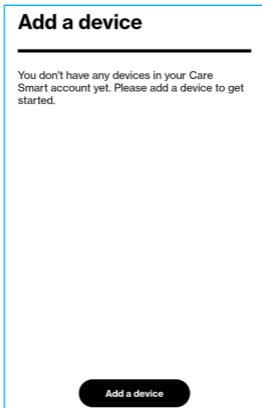
4. Sign in to your Care Smart account.
  - If you have a Google account, we recommend using it to create your Care Smart account. Just tap **Sign in with Google** and follow the instructions.
  - If you don't have a Google account, tap **Your email address** and enter your information as instructed.



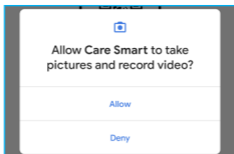
# Adding a Device to Your Care Smart Account

To add a device:

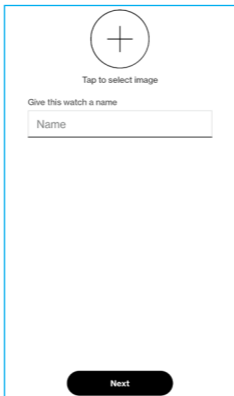
1. Tap **Add a device**.



2. On the permission request screen, tap **Allow** to allow the Care Smart app to take photos and record videos.



3. Enter the watch name and tap **+** to select an image for the device. Then tap **Next**.






4. Make sure the Care Smart watch you want to add is fully charged and activated. When you're ready, tap **Get started**.

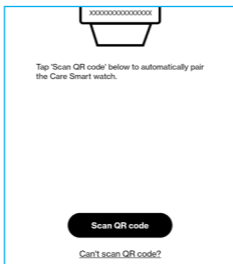
### Add a watch.

---

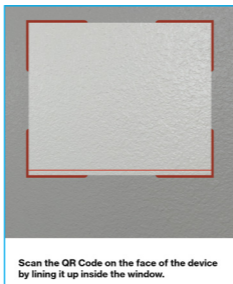
-  Fully charge the Care Smart watch.
-  Press and hold the button on the right to turn on the device.
-  Check that the device is displaying a QR code.

**Get started**

5. Choose how you want to pair the Care Smart watch with the Care Smart app.



- Select **Scan QR code** to automatically pair the watch by using QR code.

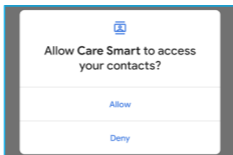


- Select **Can't scan QR code** to manually pair the watch by entering its phone number.

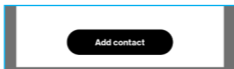


**NOTE:**

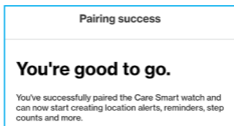
- The QR Code will only appear on the Care SmartWatch after the device is activated. Refer to “Pairing Your Care Smart Watch to the Care Smart App”.
  - To obtain the phone number on the Care SmartWatch, see “Viewing Care Smart watch information”.
6. During the pairing process, when the permission request screen appears, tap **Allow** to allow the Care Smart app to access your mobile phone contacts.




7. Tap **Add contact** to add the Care Smart watch phone number to your mobile phone contacts.



8. Once the Care Smart watch has successfully paired with the Care Smart, a “Pairing success” message will appear on the screen. Then tap **Continue** to start configuring the watch functions.



On the watch, tap  to complete the setup.



## Adding Contacts

Administrators can use the Care Smart app to register up to 9 additional phone numbers as Administrators, Trusted Contacts, Care Smart Watch Contacts, or Contacts.\* All contacts can call the Care Smart watch from their registered phone number and receive calls from it. Care Smart Contacts can text the Care Smart watch from their Care Smart devices. Only Administrators and Trusted Contacts can use the app.

Contact Types	Administrator	Trusted Contact	Care Smart Watch Contact	Contact
Call make calls to & receive calls from Care Smart watch	✓	✓	✓	✓
Can send messages to & receive messages from Care Smart watch	✓	✓	✓	
Can locate Care Smart watch	✓	✓		

Contact Types	Administrator	Trusted Contact	Care Smart Watch Contact	Contact
Can get time, location & other alerts	✓	✓		
Can change settings & turn off Care Smart watch	✓			
Can add & manage contacts	✓			

To view Care Smart watch's contact list in the Care Smart app, scroll down to **Contacts** in the **Devices**. To view the contacts on the watch, swipe left from the main screen.

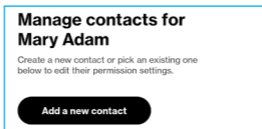
**NOTE:**


- \*You will be notified on your Care Smart app when you have reached the maximum number of contacts.
- "Care Smart Watch Contact" only appears when 2 watches add each other as their contact.

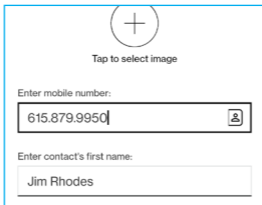
## Adding Contacts

Your Care Smart watch will support up to 9 contacts in addition to Administrator 1. To add contacts:

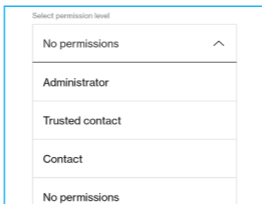
1. From your Care Smart app, tap **Contacts**.
2. Tap **Add a new contact**.



3. Tap  to add a contact from your phone or enter the contact's first name. Then tap **Next**.

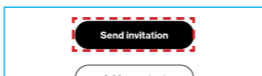


4. Select the Permission Level you want to assign to the contact and tap **Save**.



NOTE:

- The new contact will also appear in the Care Smart watch Contact list.
- If you set the Permission Level to **Administrator** or **Trusted contact**, tap **Send invitation** to send a text message with the instructions to your contact.



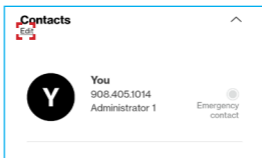
- If you set the Permission Level to **No permissions**, you can assign the contact to the device later. Simply go to **Contacts** and select the contact you want to assign. Then tap **Assign to device**.



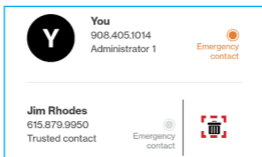


## Deleting Contacts

1. From your Care Smart app, tap **Devices**.
2. Tap **Edit**.



3. Tap  next to the contact you want to remove.



4. Tap **Delete** to confirm deletion.

### NOTE:

- You can also delete a contact from **Contacts > Edit**.
- Deleting Administrator 1 will cause the Care Smart watch to reset. All contacts will be deleted and must be added again by a new Administrator 1.

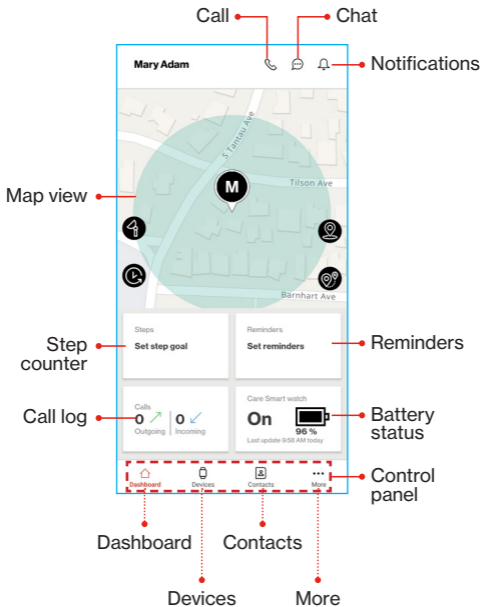
## **The Care Smart App**

Administrators and Trusted Contacts can use the Care Smart app to locate and communicate with the Care Smart watch and all their Care Smart devices. Administrators can also use the app to manage the Care Smart device contacts as well as Care Smart watch settings.

### **Dashboard**

From your Care Smart Dashboard, you can call and chat with the user who wearing the Care Smart watch, see the Care Smart watch location on the map, and see your notifications, your call log, the user's step counter and reminder list as well as the Care Smart watch battery status.

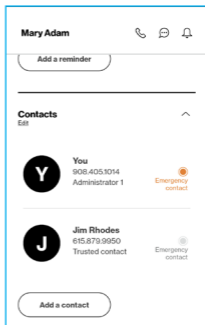
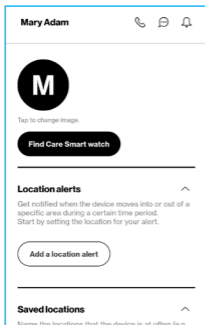
If you have more than one users, swipe left or right to see their Dashboard.



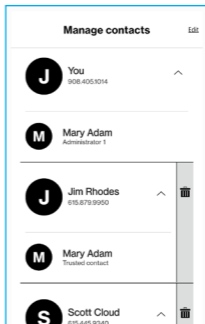
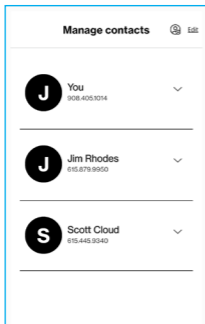
## The Care Smart Control Panel

At the bottom of the Dashboard, you'll find the Control Panel. Use the Control Panel to navigate to different parts of the Care Smart app.

- Tap **Dashboard** to return to the Dashboard.
- Tap **Devices** to manage the user's full profile. If you have more than one users, swipe left or right to see more profiles. From here, you can manage the user's location alerts, activity alerts, contacts, and more.

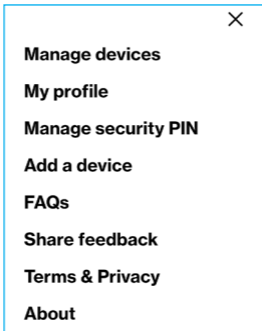


- Tap **Contacts** to manage your contacts. View the contacts list, delete contacts, and see the relationship between the contact and the watch user.



- Tap **More** to see other options. From here, you can:
  - Go to the Manage Devices screen to manage all your Care Smart devices.
  - Manage your Account Profile and Security PIN
  - Add an device
  - Read FAQs
  - Share feedback

- Read the Terms & Privacy information
- See the Care Smart About screen



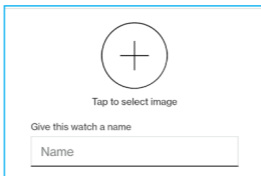
## Adding Another Watch

The Care Smart app lets you manage all your Care Smart devices in one place. To add a Care Smart watch for another user, do the following.


1. From an Administrator's Care Smart **Dashboard**, tap **More > Add a device**.

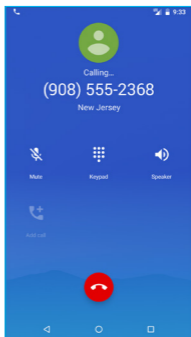
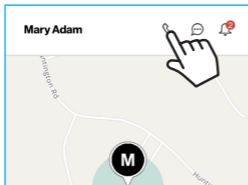


2. Make sure the Care Smart watch you want to add to this user is fully charged and activated. Then follow [steps 3- 8](#) in the "Adding a Device to Your Care Smart Account" section.



## Calling Your Care Smart Watch from Care Smart App

From the Care Smart app **Dashboard**, swipe left or right to find the user you want to call. Then tap  to call the Care Smart watch.





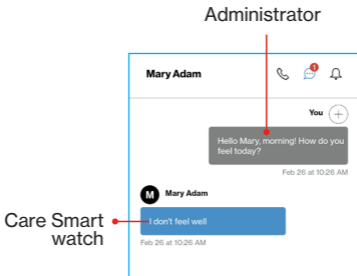


## Messaging

### Sending and receiving messages from the Care Smart watch

Users can use the Care Smart watch to exchange text messages with Administrators and Trusted Contacts (using Care Smart app), and Care Smart Contacts (using their Care Smart devices).

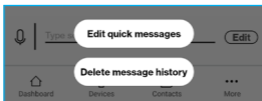
1. Tap  at the top right corner of the **Dashboard**.
2. Type your message and then tap . You can enter up to 120 characters.



**NOTE:** Besides sending the message, you can also record a voice message (up to 20 seconds) or send the message with an emoji.

## Messaging Options

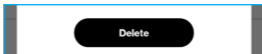
Tap **Edit** to select one of the available options:



- Tap **Edit quick messages** to change any of the 20 preset messages the user can send.




- Tap **Delete messages history** to delete the conversation. When a confirmation message appears, tap **Delete** to confirm the deletion.

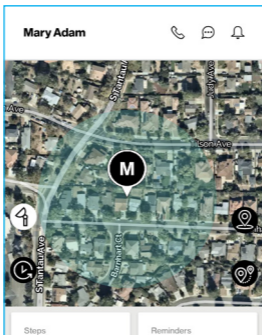


NOTE: Care Smart watch can only send ONE emoji per message.




## Checking Your Care Smart Watch's Location


Tap **Dashboard** and swipe to select the user you want to locate. Tap the map and then tap  to locate your Care Smart watch.

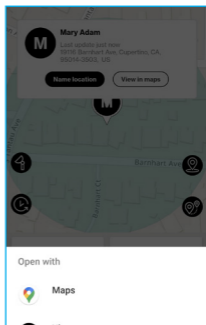
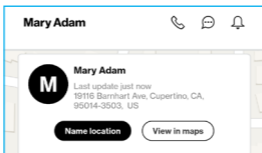
NOTE: Users will receive a reminder every month to allow location access permission.



In the map view, you can also do the following:

- Tap  to switch to the Satellite view (default is street view).
- Tap  to view the watch location history.
- Tap  to turn on the Real-Time tracking.

- Tap  (the first letter of the user's first name) and select **Name location** or **View in maps** to the address where your Care Smart watch is currently located.



- Tap any area of the map to zoom in on that specific location.

## Setting Alerts and Location Checks

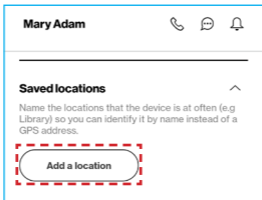
Administrators and Trusted Contacts can use the Care Smart app to set Alerts and Location Checks to keep track of your Care Smart's location.

To start, tap **Devices** in the **Control Panel** and swipe to the user's profile.

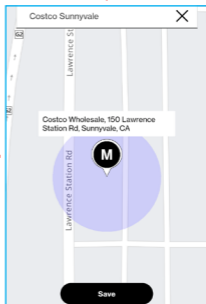
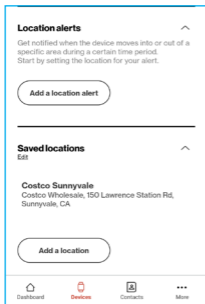
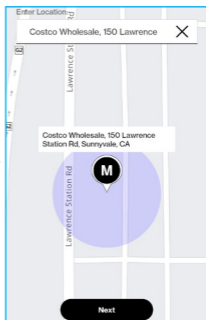
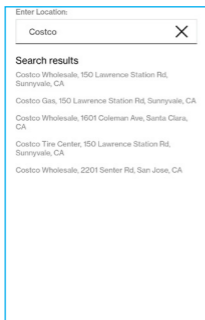
### Naming places

You can name places the user visits often (e.g., “cafe”, “bakery”, or “hospital”) so you can identify it by name instead of a GPS address.

1. Tap **Add a location**. Enter the address and tap **Next** to continue.



## 2. Enter the location name and tap **Save**.



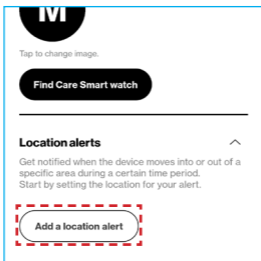
## Using alerts to show when the Care Smart watch is at a place you have set

You can choose between 2 kinds of alerts.

- **Location-based alerts** notify you when the Care Smart watch moves into or out of a specific area. (e.g., Maybe the user is supposed to be at the hospital on Wednesday between 3 and 5 PM. A Location-based alert can send you notifications when the Care Smart watch arrives at the hospital at 3:05 PM and leaves at 4:50 PM.)
- **Time-based alerts** check on the Care Smart watch location at a specific time or time range.

To add an alert:

1. From the user's profile, tap **Add a location alert**.



2. Select the method you want to use to track the Care Smart.

< **Customize tracking**

---

**How would you like to track Care Smart watch?**

---

**Location-based** >

You'll be notified when this device moves in and out of a specific area.

---

**Time-based** >

Set how often you can track this device during specific times.

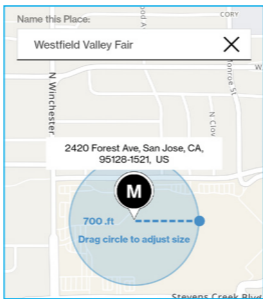
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Note: There is a maximum of 5 location-based and 20 time-based alerts.



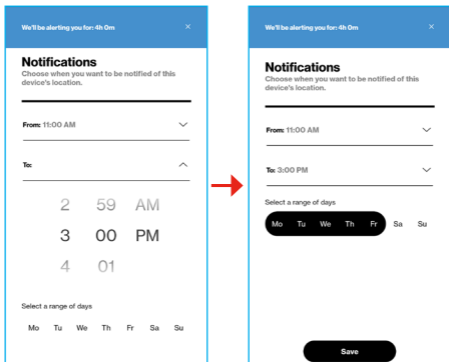
## Location-based

1. Tap **Location-based**. If a window pops up asking to share your location, tap **Allow all the time** or **Allow only while using the app**.
2. Drag the user's location pin to a desired spot on the map. Then drag the circle around the location pin to your desired size. You will receive an alert any time your Care Smart watch crosses the circle.
3. Give this location a name and tap **Next**.



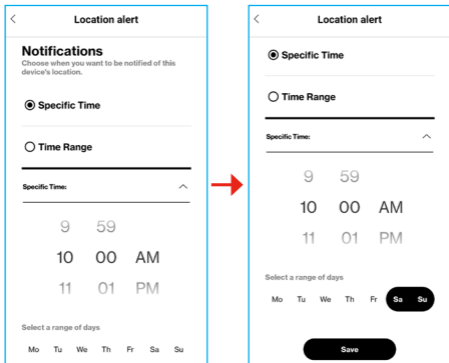
NOTE: You can only enter the location with address or known places (e.g. mall, hospital, names from public locations, etc.).

4. Set the time range and the day for notification.  
Then tap **Save**.



## Time-based

1. Tap **Time-based**.
2. Select when you want to be notified.
  - Tap **Specific Time** to set the time and the day. Then tap **Save**.



- Select **Time Range** to select a start time and end time to get alerted of your Care Smart watch location. Then select the day(s) for the alert and tap **Next**.

The image displays two sequential screenshots of a mobile application's notification settings interface. Both screens have a blue header with the text "We'll be alerting you for: 4h 0m" and a close button (X).

**Left Screenshot:** The title is "Notifications" with the instruction "Choose when you want to be notified of this device's location." Below this is a horizontal separator line. The "From:" field is set to "11:00 AM" with a dropdown arrow. The "To:" field is currently empty with an upward arrow. Below the fields is a digital time picker showing "2 59 AM", "3 00 PM", and "4 01". At the bottom, there is a "Select a range of days" section with buttons for "Mo", "Tu", "We", "Th", "Fr", "Sa", and "Su".

**Right Screenshot:** This screen is identical to the left one, but the "To:" field is now set to "3:00 PM" with a dropdown arrow. The digital time picker is not visible. The "Save" button at the bottom is now highlighted in black.

A red arrow points from the left screenshot to the right screenshot, indicating the progression of the user's actions.

## **About Location Information and Accuracy**


Your Care Smart watch location will usually be shown as a place name or an address. When a place name or address can't be determined, GPS coordinates will be shown.

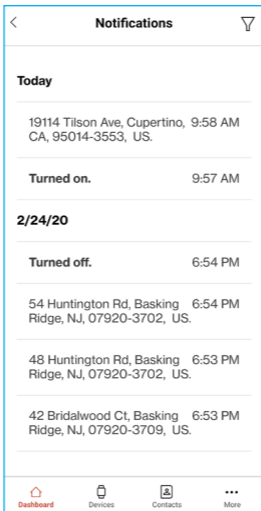
Location is usually provided by Assisted GPS for fast positioning. If unsuccessful, the Care Smart app will attempt to locate the Care Smart watch using a different method.


- When the Care Smart watch is located in a place where GPS or Wi-Fi isn't available (or if the Care Smart watch is turned off), the Care Smart app won't be able to show location information.
- Location information may be unavailable, inaccurate or incomplete depending on your Care Smart watch surroundings.
- It may take up to 3 minutes to get your Care Smart watch location information.
- A location error of up to several miles can occur.
- If the Care Smart watch is indoors, the location can be inaccurate or unavailable.

**NOTE:** The Wi-Fi connection for this Care Smart watch is reception only. (There's no Wi-Fi signal transmission.)

## Viewing Notifications

To see notifications about Care Smart watch activity, go to the user's **Dashboard** and tap  to view all notifications.



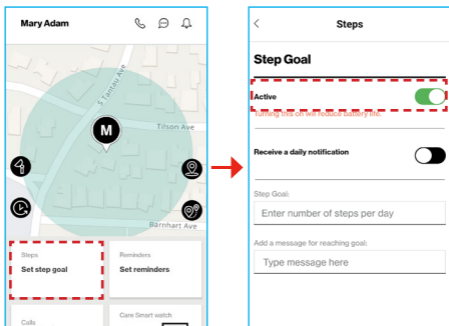
NOTE: You can filter the notifications by tapping .

## Using the Step Counter

On the **Dashboard**, you can turn the pedometer function on and off and set a step goal for the user.

### Turning on the step counter

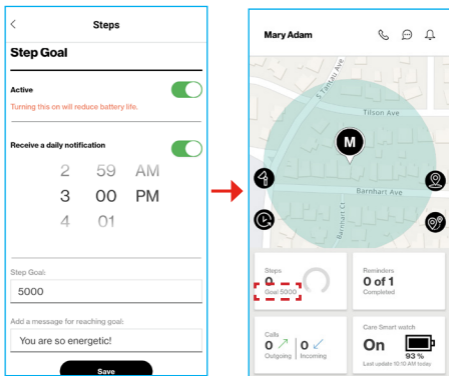
On the **Dashboard**, swipe to select a user. In the **Steps** card, tap **Set step goal**. Then slide the **Active** switch to the right to turn it on.



## Setting a step goal

Once the step counter is on, you can set a goal (number of steps), request a daily notification, and add a message for reaching the goal. Then tap **Save** to save the settings.

The daily steps goal will appear on the Dashboard and in the user's profile.



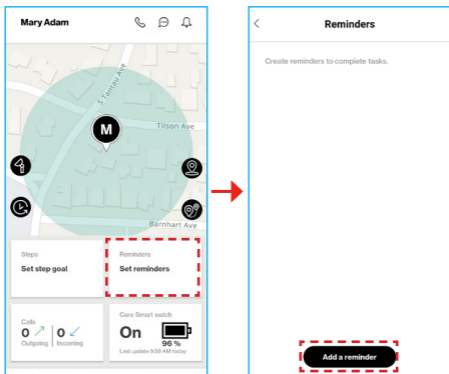
**NOTE:** The number of steps will also appear on the user's watch. See "Viewing the step count".



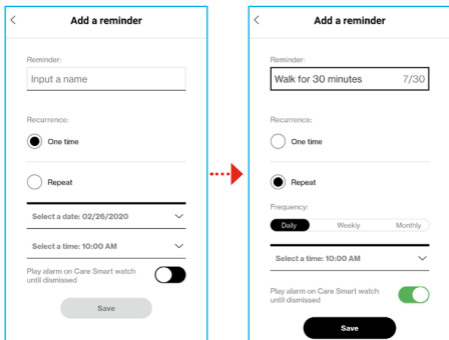
## Managing the User's Reminder List

You can create a reminder list to remind the user of important tasks.

1. From the user's **Dashboard**, tap **Set reminders** in the **Reminders** card. Then tap **Add a reminder**.



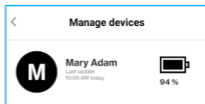
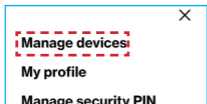
2. Enter the task name, set the date (if any), set the time, and how often you want it to be done (Recurrence).
3. To play the alarm after completing the task, slide the switch to the right to turn it on. Then tap **Save**.



NOTE: The reminder list will appear on the user's watch. See "Viewing the reminder list".

## Managing Care Smart Watch Settings

You can manage your Care Smart watch's settings from the Care Smart app. From the **Control Panel**, tap **More** > **Manage devices** and select the Care Smart watch.

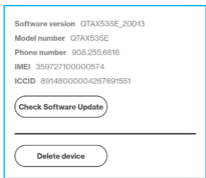
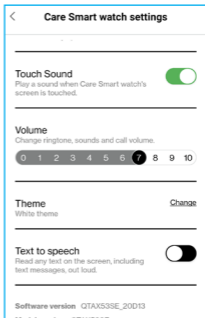
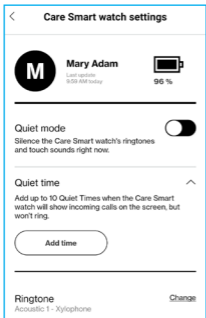


From here, you can see information on battery life and the watch model number, phone number, and software version. You can control settings for:

- Quiet mode
- Quiet time
- Ringtone
- Touch Sound
- Volume
- Theme
- Text to speech

You can also:

- Check for software updates for your Care Smart watch
- Delete the device

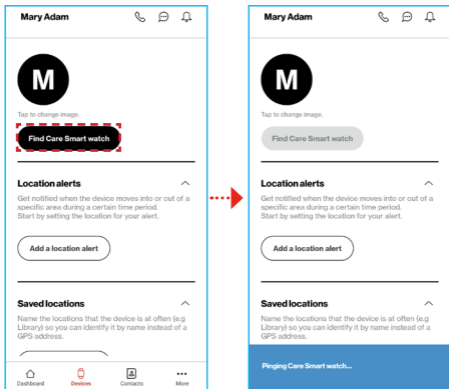


**NOTE:** If you delete the device, it will be reset and all of your information will be lost.

## Make Care Smart Watch Alarm Ring

If you can't find your Care Smart watch, you can use the Care Smart app to make the alarm ring.

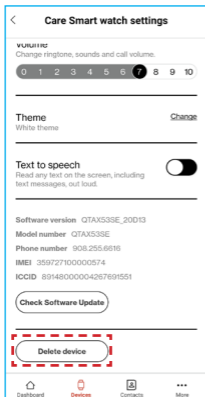
From the user's profile, tap **Find Care Smart watch**. The app will automatically find and ring the user's watch.



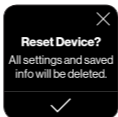
**NOTE:** The watch will stop ringing when you tap the **O** or **<** button on the watch.

## Reset Your Care Smart Watch

1. From the **Control Panel**, tap **More > Manage devices** and select the Care Smart watch.
2. Tap **Delete device > Continue** to reset your Care Smart watch to its factory settings.



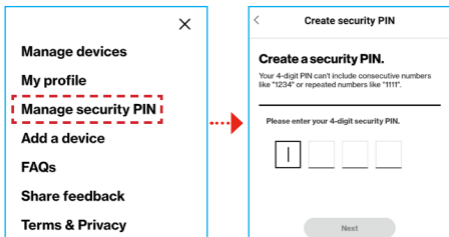
NOTE: You can also reset your Care Smart watch to its factory settings by placing it on the charging cord, and then press the < button 4 times. When the confirmation message appears on the screen, tap ✓ to reset your watch.



## Setting Up a PIN for Security

If you didn't create a security PIN during setup, you can still create one so that others can't open the Care Smart app on your smartphone.

1. From the Care Smart **Dashboard**, tap **More > Manage security PIN**.
2. Enter a 4-digit PIN and tap **Next**.



3. Enter the same 4-digit PIN and tap **Save**.

NOTE: To change the PIN, tap **More > Manage security PIN > Change security PIN**. If you enter your PIN incorrectly 5 times, the Care Smart app will be reset. To continue using the Care Smart app after it is reset, you will need to log back into your account.



## Care Smart Help

Care Smart Help includes information about using the app.

**FAQs**

**Share feedback**

### **FAQs**

Tap **FAQs** to find answers to the most frequently asked questions about Care Smart devices.

### **Share Feedback**

Tap **Share feedback** to email Care Smart Support directly from your smartphone.

# Using Care Smart Watch

## Wearing Care Smart Watch

The Care Smart watch should fit snugly, but not too tightly, around the wearer's wrist.

1. Push the 2 side buttons to open a fold-over clasp (A).



2. Release the post on the underside of the clasp from the hole on the wristband (B).



3. Adjust the clasp to fit the wearer's wrist (C). Then insert the post into a different hole on the wristband to secure the clasp in place (D).



4. Wrap the wristband around the wearer's wrist making sure that the **O** and **<** buttons are at the bottom of the screen.
5. Fold the top portion of the clasp and hook the post into the hole **(E)**. Then snap it down to fasten the clasp **(F)**.



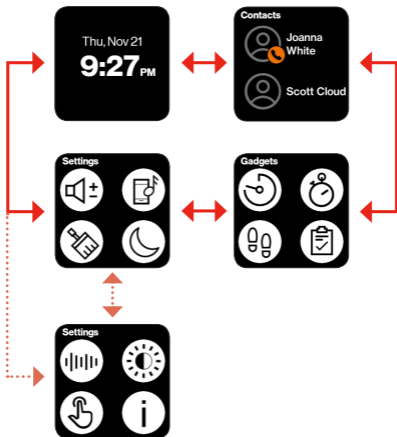
**NOTE:**

- The watch should fit snugly, but not too tightly, around the wearer's wrist.
- The replacement wristband is also included in the package.

## Home Screen

Your Care Smart watch has a touch screen. Just swipe left or right to switch pages:

- Watch Face
- Contacts
- Gadgets
- Settings



NOTE: You can also access the Quick menu by swiping down from the **Watch screen**. From here you can:

- Adjust the volume
- Change the Ringtone
- Change the watch face
- Send Care Smart watch's location




# Making and Receiving Calls

## Making a call

1. From the **Watch screen**, swipe left to open the **Contact List**. Then select the contact you want to call.



2. Tap  to make a call.





To end the call, tap .



**NOTE:** Your Care Smart watch can only make and receive calls from phone numbers on the wearer's Contact List. These numbers may be for mobile phones, landlines, and other Care Smart devices. You can manage the Contact List in the Care Smart app.

## Receiving a call

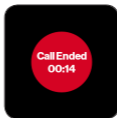
When someone calls the Care Smart watch, it will ring and the caller name will be shown on the screen.

- To answer the call, tap .
- To reject the call, tap .



- To end the call, tap .

TIP: To adjust the volume during the call, tap .



### NOTE:

- Making and receiving calls requires a network connection.
- If you have missed a call, a missed call notification will appear on the screen.




# Sending and Receiving Messages




## Sending a message

1. From the **Watch screen**, swipe left to open the **Contact List**. Then select the contact you want to message.



2. Tap  to create a new message. Then:




- To choose from a list of pre-written messages, tap .
- To choose an emoji, tap .
- To create a voice message, tap .

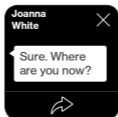


NOTE: Care Smart watch can only send one emoji per message.




## Receiving a message

When the Care Smart watch receives a new message, it will appear on the Home screen. To reply, tap .



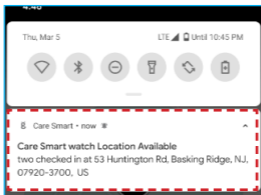
**NOTE:** Your Care Smart watch can only receive messages from contacts with the Care Smart app or from other Care Smart devices if the sender is a Trusted Contact. It can't receive messages from non-Care Smart devices.

## Sending Current Location Information

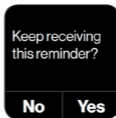
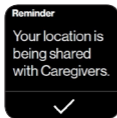
The user can send their current location to the Care Smart app by swiping down from the **Watch screen** and tapping .



Administrators and Trusted Contacts will receive a message displaying the Care Smart watch location.




NOTE: The access location reminder will appear every month. Users will continue to receive this monthly reminder until the notification is turned off.

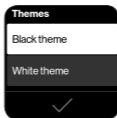


## Configuring Care Smart Watch Settings

### Changing the watch face


Swipe to the left from the **Watch screen** until you see the **Settings screen**.

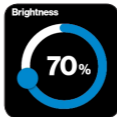
Tap  to go to the **Themes screen**. Then select the desired theme and tap ✓ to confirm the selection.



### Adjusting the screen brightness


Swipe to the left from the **Watch screen** until you see the **Settings screen**.

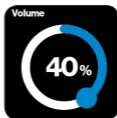
Tap  to go to the **Brightness screen**. Then drag the slider to adjust the brightness level.





## Adjusting the volume

Swipe to the left from the **Watch screen** until you see the **Settings screen**.



Tap  to go to the **Volume screen**. Then drag the slider to adjust the volume level.



NOTE: To turn off the sound temporarily, tap . To turn it back on, tap .

## Changing the ringtone



Swipe to the left from the **Watch screen** until you see the **Settings screen**.

Tap  to go to the **Ringtones screen**. Then select the desired ringtone and tap  to confirm the selection.



## Configuring the screen timeout

Swipe to the left from the **Watch screen** until you see the **Settings screen**.

Tap  to go to the **Screen Timeout screen**. Then select the length of time you want the screen to display before it times out, and tap  to confirm the selection.



## Enabling Text to Speech function

Swipe to the left from the **Watch screen** until you see the **Settings screen**.

Tap  to go to the **Text to speech screen**. Then tap the screen to enable/disable the function.



## Enabling Tap to Wake function


Swipe to the left from the **Watch screen** until you see the **Settings screen**.

Tap  to go to the **Display Wake-Up screen**. Then tap the screen to enable/disable the function.



## Viewing Care Smart watch information

Swipe to the left from the **Watch screen** until you see the **Settings screen**.


Tap  to go to the **About screen**. It displays your Care Smart watch's model number, mobile number, IMEI, ICCID, software version, and the total lifetime calls.



## Other Features


### Viewing the step count

Swipe to the left from the **Watch screen** until you see the **Gadgets screen**.

Tap  to go to the **Steps screen**. The number of steps and the set goal will be shown on the screen.



### Using the timer

1. Swipe to the left from the **Watch screen** until you see the **Gadgets screen**. Then tap  to go to the **Timer screen**.
2. Set the timer by selecting the Hours, Minutes or Seconds and adjusting as needed.




3. Tap ▶ to start the timer.
4. When the timer is running, tap ⏸ to pause the timer.





When the timer is paused, you can tap ▶ to resume the timer.

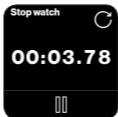


## Using the stopwatch function



1. Swipe to the left from the **Watch screen** until you see the **Gadgets screen**. Then tap  to go to the **Stopwatch screen**.



2. Tap  to start the stopwatch.
3. When the stopwatch is running, tap  to pause the stopwatch.




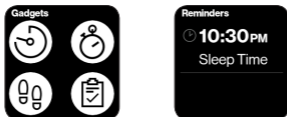
When the stopwatch is paused, you can:

- Tap  to resume the stopwatch.
- Tap  to reset the stopwatch.



## Viewing the reminder list

Swipe to the left from the **Watch screen** until you see the **Gadgets screen**.

Tap  to go to the **Reminders screen**. The incomplete task(s) will be shown on the screen.



A reminder will pop up on the screen to let you know a scheduled event is about to start.

- Tap  to mark that you have started performing the assigned task.
- Tap  to snooze the reminder for 10 minutes.



# Health and Safety Information

This section outlines the safety precautions associated with using the device.

## Important Safety Precautions

Please read the safety and operation instructions before using your device or any accessories that came with it. Retain these instructions for future use.

- Do not install your device in your vehicle or use it while driving. Using your device while driving could put you and others at greater risk of an accident causing serious injury, death, and property loss. You are responsible for knowing and obeying the laws and regulations regarding the use of wireless devices in the areas where you drive.
- This device has been tested to be IPx7 compliant. Do not operate under water. If all covers are tightly closed, device is protected against water ingress to a maximum of 1 meter deep for up to 30 minutes.
- Do not use your accessories (ex: charger) near water (for example, near a bathtub or a sink, in a wet basement, or near a swimming pool) or spill liquid of any kind on your device or accessories as this might cause a short circuit, a fire, or an electric shock which could cause serious injury, death, and property loss.
- Do not use your device in the presence of gas fumes as it presents a risk of fire or explosion.
- Do not use or store your device in extreme temperatures as your device might overheat and may present a burn and fire risk and cease to function.

- Do not dispose of your device in a fire as this might cause an explosion resulting in serious injury, death, and property loss.
- Federal Aviation Administration (FAA) and Federal Communications Commission (FCC) regulations prohibit using the radio of wireless devices while in the air. Turn off all wireless connections on your device before boarding an aircraft. Using your device on an aircraft might affect aircraft instrumentation, communication, and performance; might disrupt the network; might otherwise be dangerous to the operation of the aircraft, its crew, and its passengers; and might be illegal.
- Do not disassemble your device. Your device contains small parts that might be a choking hazard.
- Most modern electronic equipment is shielded from radio frequency (RF) signals. However, certain electronic equipment might not be shielded against the RF signals from your device. Keep your device away from medical devices, including pacemakers and hearing aids, as they might malfunction and cause serious injury or death to you and others.
- Turn off all wireless connections on your device in health care facilities when any regulations posted in these areas instruct you to do so. Hospitals or health care facilities may be using equipment that could be sensitive to external RF energy.
- Certain jurisdictions might prohibit or restrict your use of certain features on your device.

## **Additional Safety Guidelines**

### **About Charging**

- Use only the charger supplied with your device. Use of another type of charger will result in malfunction and/or danger.
- Do not use the charger in a high moisture environment. Never touch the charger when your hands or feet are wet.
- Allow adequate ventilation around the charger when using it to operate the device or charge the battery. Do not cover the charger with paper or other objects that will reduce cooling. Do not use the charger while it is inside a carrying case.
- Connect the charger to a proper power source. The voltage requirements are found on the product case and/or packaging.
- Do not use the charger if the cord becomes damaged.
- Do not attempt to service the unit. There are no serviceable parts inside. Replace the unit if it is damaged or exposed to excess moisture.

### **About the Battery**

- This unit contains a non-replaceable internal Lithium Ion battery.
- The battery can burst or explode, releasing hazardous chemicals.
- To reduce the risk of fire or burns, do not disassemble, crush, puncture or dispose of in fire or water.

- **Important instructions (for service personnel only)**  
**Caution:** Risk of explosion if battery is replaced by an incorrect type. Dispose of used batteries according to the instructions.
- The battery must be recycled or disposed of properly.
- Use the battery only in the specified equipment.

## **Caring for Your Device**

Taking good care of your device will ensure trouble-free operation and reduce the risk of damage to your device:

- Keep your device away from excessive moisture and extreme temperatures.
- Do not place anything on top of your device or drop objects on your device.
- Do not drop your device or subject it to severe shock.
- Do not subject your device to sudden and severe temperature changes. This could cause moisture condensation inside the unit, which could damage your device. In the event of moisture condensation, allow your device to dry out completely before use.
- The screen surface can easily be scratched. Avoid touching it with sharp objects. Non-adhesive generic screen protectors designed specifically for use on portable devices with LCD panels may be used to help protect the screen from minor scratches.
- Never clean your device when it is turned on. Use a soft, lint-free cloth to wipe the screen and the exterior of your device.

- Do not use paper towels to clean the screen.
- Never attempt to disassemble, repair or make any modifications to your device. Disassembly, modification or any attempt at repair could cause damage to your device and even bodily injury or property damage and will void any warranty.
- Do not store or carry flammable liquids, gases or explosive materials in the same compartment as your device, its parts or accessories.
- Do not expose your device to extreme heat or direct sunlight for prolonged periods. Overheating may damage your device.
- Do not use alcohol or any abrasive material when cleaning the accessories.
- Do not expose the accessories to extreme heat or direct sunlight for prolonged periods.
- Store the accessories in a cool and dry place.

## **Federal Communication Commission Interference Statement**

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.

This device has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy, and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.



## **FCC Caution**

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

The antenna(s) used for this transmitter must not be co-located or operating in conjunction with any other antenna or transmitter. Operations in the 5.15-5.25GHz band are restricted to indoor usage only.

FOR PORTABLE DEVICE USAGE (<20cm from body/SAR needed)

NOTE: The country code selection is for non-US model only and is not available to all US models. Per FCC regulation, all Wi-Fi products marketed in US must be fixed to US operation channels only.

## **RF Exposure Information (SAR)**

This device meets the government's requirements for exposure to radio waves.

This device is designed and manufactured not to exceed the emission limits for exposure to radio frequency (RF) energy set by the Federal Communications Commission of the U.S. Government.

The exposure standard for wireless device employs a unit of measurement known as the Specific Absorption Rate, or SAR.

The SAR limit set by the FCC is 4.0 W/kg. \*Tests for SAR are conducted using standard operating positions accepted by the FCC with the device transmitting at its highest certified power level in all tested frequency bands. Although the SAR

is determined at the highest certified power level, the actual SAR level of the device while operating can be well below the maximum value. This is because the device is designed to operate at multiple power levels so as to use only the power required to reach the network. In general, the closer you are to a wireless base station antenna, the lower the power output. The highest SAR value for the model device as reported to the FCC when tested is 0.857 W/kg as described in this user guide. While there may be differences between the SAR levels of various devices and at various positions, they all meet the government requirement.

The FCC has granted an Equipment Authorization for this model device with all reported SAR levels evaluated as in compliance with the FCC RF exposure guidelines.

SAR information on this model device is on file with the FCC and can be found under the Display Grant section of [www.fcc.gov/oet/ea/fccid](http://www.fcc.gov/oet/ea/fccid).

For body worn operation, this device has been tested and meets the FCC RF exposure guidelines for use with an accessory that contains no metal and be positioned a minimum of 0 cm from the body. Use of other accessories may not ensure compliance with FCC RF exposure guidelines.

### **§15.19 (a)(3)**

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

## **§15.21**

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

## **§15.105 (b)**

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

## **WEEE**

This device must not be disposed of as normal household waste, in accordance with the EU directive for waste electrical and electronic equipment (WEEE - 2002/96/EC). Instead, it should be disposed of by returning it to the point of sale, or to a municipal recycling collection point.

# Warranty Information

## Warranty Period

The manufacturer warrants this device is free from defects in material and workmanship under normal use and service for twelve (12) months commencing upon the date of purchase by the first consumer purchaser. If proof of purchase cannot be provided, the manufacture date as recorded by manufacturer based upon the serial number will be deemed to be the start of Warranty Period.

## Limited Warranty Statement

The consumer should never attempt to open or disassemble the device and doing so may cause damage that voids your warranty.

The device is equipped with an internal rechargeable battery that is non-removable.

This warranty does not cover defects

- (1) Resulting from improper or unreasonable use or maintenance.
- (2) Failure to follow operating instructions; accident; excess moisture; insects; lightning; power surges; connections to improper voltage supply.
- (3) Unauthorized alteration or modification of original condition.
- (4) Damages caused by inadequate packing or shipping procedures.
- (5) Devices purchased from unauthorized dealers.

During the warranty period, manufacturer will, at its sole option, (using new or refurbished replacement parts), repair any defective devices. Repaired devices will be warranted for a period equal to the remainder of the original Limited Warranty on the original device or for NINETY (90) days, whichever is longer. All replaced parts, components, boards and equipment shall become the property of manufacturer. The warranty is good only to the original purchaser of the device during the warranty period as long as it is in the U.S.

### **Disclaimer of Warranties; Exclusion of Liability**

Except as set forth in the express warranty contained on the warranty page enclosed with the device, the purchaser takes the device "AS IS," and manufacturer makes no express or implied warranty or any kind whatsoever with respect to the product, including but not limited to the merchantability of the product or its fitness for any particular purpose or use; The design, condition or quality of the device; The performance of the product; The workmanship of the product or the components contained therein; Or compliance of the product with the requirements of any law, rule, specification or contract pertaining thereto. Nothing contained in the instruction manual shall be construed to create an express or implied warranty of any kind whatsoever with respect to the device. In addition, manufacturer shall not be liable for any damages of any kind resulting from the purchase or use of the device or arising from the breach of the express warranty, including incidental, special or consequential damages, or loss of anticipated profits or benefits. Manufacturer is not liable for performance issues or incompatibilities caused by your editing of registry settings, or your modification of

operating system software. Using custom operating system software may cause your device and applications to work improperly. Your carrier may not permit users to download certain software, such as custom OS. If your carrier prohibits this, if you attempt to download software onto the device without authorization, you will be notified on the screen that the device will no longer operate and be instructed to power down the device. You must then contact your carrier to restore the device to the carrier-authorized settings.

**Contact Verizon Customer Service at 800-922-0204**

## **IEEE 1725 Battery Safety Statement**

- Do not disassemble or open, crush, bend or deform, puncture or shred.
- Do not modify or remanufacture, attempt to insert foreign objects into the battery, immerse or expose to water or other liquids, expose to fire, explosion or other hazard.
- Only use the battery with a charging system that has been qualified with the system per CTIA Certification Requirements for Battery System Compliance to IEEE 1725. Use of an unqualified battery or charger may present a risk of fire, explosion, leakage, or other hazard.
- Replace the battery only with another battery that has been qualified with the system per this standard, IEEE-Std-1725. Use of an unqualified battery may present a risk of fire, explosion, leakage or other hazard. Only authorized service providers shall replace battery.
- Promptly dispose of used batteries in accordance with local regulations.
- Avoid dropping the Wearable Product. If the Wearable Product is dropped, especially on a hard surface, and the user suspects damage, take it to a service center for inspection.
- Improper battery use may result in a fire, explosion or other hazard. For Wearable that utilize a USB port as a charging source, the Wearable's user manual shall include a statement that the Wearable shall only be connected to CTIA certified adapters, products that bear the USB-IF logo or products that have completed the USB-IF compliance program.



- The Wearable product, including power supply should not be left in the rain or subjected to exposure to water. If cleaning is necessary do not immerse in water; wipe clean with damp cloth.
- The Wearable product, including power supply should not be dropped, crushed (stepped on) or otherwise abused.
- The user should be careful with the interconnect cable (wiring) between the power supply (adapter) and the Wearable product, in particular as a potential trip hazard.



